



Bharati Vidyapeeth  
New Delhi

IEEE Delhi Section with Computational Intelligence Society, Computer Society, Communication Society, Consultants Network Affinity Group, Life Members Affinity Group, Inter Society Relations, Industry Relations, TEMS, SMC, ES, CI, SIGHT Standing Committees of IEEE Delhi Section and Region-10



IEEE Delhi Section

with following associations



CSI Delhi Chapter



IEEE  
COMPUTER  
SOCIETY  
Delhi Section Chapter



IITP New Delhi



IETE New Delhi



IEEE Delhi Section

Invite you for a Free **Webinar** on **04-11-2023, the Saturday**, at **06:00 p.m.**  
as per the details given hereunder:-

**Speaker**

**Daman Dev Sood**

Director – DBD Training & Consultancy|14000+ hours training/teaching| Speaker| Author| Mentor| Coach| Resilience

**Date and Time Schedule**

**4-November-2023, the Saturday, from 06:00 p.m. to 07:30 p.m.**

**Title of the Talk**

**The Art of Being Happy and Resilient**

**Venue and Contact Details**

**CISCO WebEx Meeting Platform**

CISCO WebEx Event ID and Password shall be sent on E-Mail to the registered participants, at-least one day in advance. Please check your Spam and other folders also for our emails and mark it as SAFE / NOT SPAM.

**Programme Schedule**

**05:30 p.m. to 06:00 p.m. – Login, online Networking and Tea (at Home)**

**06:00 p.m. to 07:00 p.m. – Technical Talk**

**07:00 p.m. to 07:30 p.m. – Q & A Session followed by Certification**

**Registration Link and Fee**

**Registration Link: <http://bvicam.ac.in/webinars/>**

**No registration fee. It is absolutely free for the members of IEEE, CSI, IETE, ISTE, ISCA, IITP and Bharati Vidyapeeth, with pre-registration**

**Abstract of the Talk**

Resilience is defined as the ‘capability to bounce back (after the disaster/crisis)’. But, our expert, Daman, now advocates being Resilient during BAU (business as usual) also! He says, ‘An organisation’s Resilience will depend upon the Resilience of its people.’ Hence, in this session, he will focus on only one point in personal resilience –Happiness! In an interactive session, he will define what Happiness means and how to achieve this. Happiness cannot be purchased ‘off the counter’ – so what can we do? Join Daman to learn his Top Tips on Being Happy in Life. He concludes by saying ‘Resilient People make Resilient Organisations-Communities-Planet’

**All are welcome:**

Please circulate this to all your interested colleagues, associates and friends. Please register in large numbers and derive maximum benefit. **Advance registration is mandatory for participation. Participants will also get Participation Certificate.**

**(Prof. M. N. Hoda)**

Director, BVICAM, New Delhi

**(Prof. Subrata Mukhopadhyay)**

Chairperson, CNA Group, IEEE DS